# Welcome to your 2023 Open Enrollment Issam Tina Solutions (210013)

11/4/2022



# ENGAGE











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# Agenda

- Importance of Open Enrollment
- What's New or Changed for 2023
- Terminology to Know
- Engage Benefit Solution
- Value Add Services
- Online Enrollment Process
- Mobile Apps and Engage Microsites
- Questions?-Who to Contact



# Importance of Open Enrollment



Open Enrollment is the time of year when you review the benefits available through your employer and decide if you want to enroll in any of the plans offered or make changes to the plans you are enrolled in.

Benefits are effective January 1, 2023, through December 31, 2023



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# **Importance of Open Enrollment**

### Who is eligible for coverage?

- Full Time Employees
- Legal Spouse
- Domestic Partner Verification is required
- Dependent children up to the end of the year in which they turn 26. • NY residents-dependent children up to the end of the month in which they turn 26 for medical only. for more information



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• Over-age dependents in NY or FL may be eligible for continuation of coverage-contact the Engage Benefits department



### **Open Enrollment starts now!**

### **Currently enrolled**

- Go online to review, re-elect curre 2023.\*
- New benefit deductions will be on first paycheck in January
- FSA/Commuter/HSA elections must be made each year due to IRS regulations
   \*Please note there are cost and some plan changes for 2023 review your e-Kit or online Summary of Benefits for details

### **Eligible but not enrolled**

- Go online and elect plans or WAIVE plans for 2023.
- The next time you can add, drop or make a change will be the next open enrollment period unless you have a valid change in life event



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• Go online to review, re-elect current plans, elect new plans, or WAIVE plans for



# What's New or Changed in 2023

Plan design changes to some medical plans-Aetna and Kaiser New medical plan options may be available to you Kaiser has added the CIGNA network for emergency care and prescriptions Enhanced plan changes to dental plans-MetLife and Aetna Medicare Transition Services available for individuals approaching eligibility Aetna Attain wellness program is now available in the Northeast Vision Access discount program at no additional cost

Annual Contribution Limits may have changed-FSA/HSA/Commuter Benefits

be used by March 15, 2023

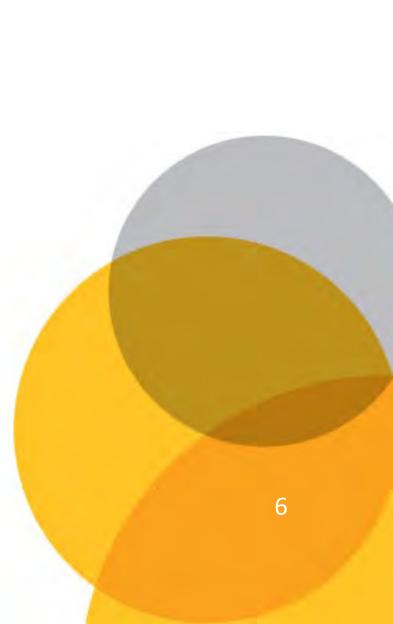


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- **Refer to your Enrollment Kit for details**



- MetLife Supplemental Plans include added benefits such as online will preparation services and
- FSA-the CARES Act provision is ending so any money you have rolled over from 2021 and 2022 must





#### Deductible-the first dollar you pay towards certain services

- Individual/family deductible
- In-network and out of network deductible
- Not every service will have a deductible

#### Co-insurance-your share of the cost with the insurance company once the deductible has been satisfied

- Reflected as a percentage
- In-network and out of network co-insurance

#### **Co-pay-a flat amount paid at the time of service**

• Generally, this applies to primary care physicians, specialists, prescriptions, emergency room

#### Out of Pocket Maximum-your "safety net" which is the maximum amount you should expect to pay for services in a calendar year.

- Individual/family out of pocket maximum
- In-network and out of network out of pocket maximum

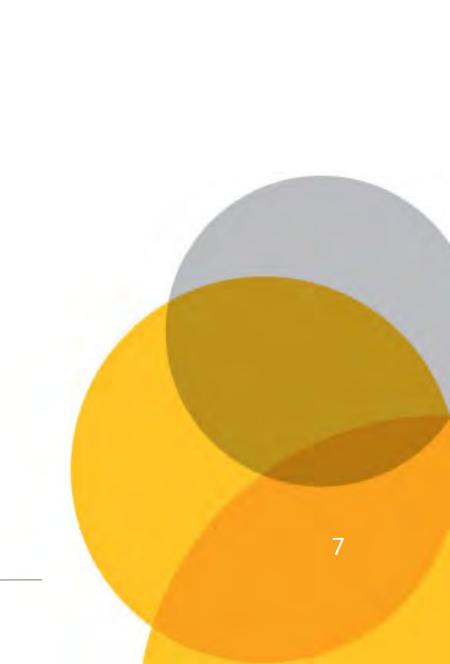
#### Calendar Year Maximum- The max amount of carrier coverage or number of visits in a calendar year.

- Example: Chiropractic care is limited to 40 visits per year
- Example: DPPO 1000 Dental Plan-this plan has a \$1000 calendar year maximum. It's the most the carrier will pay for



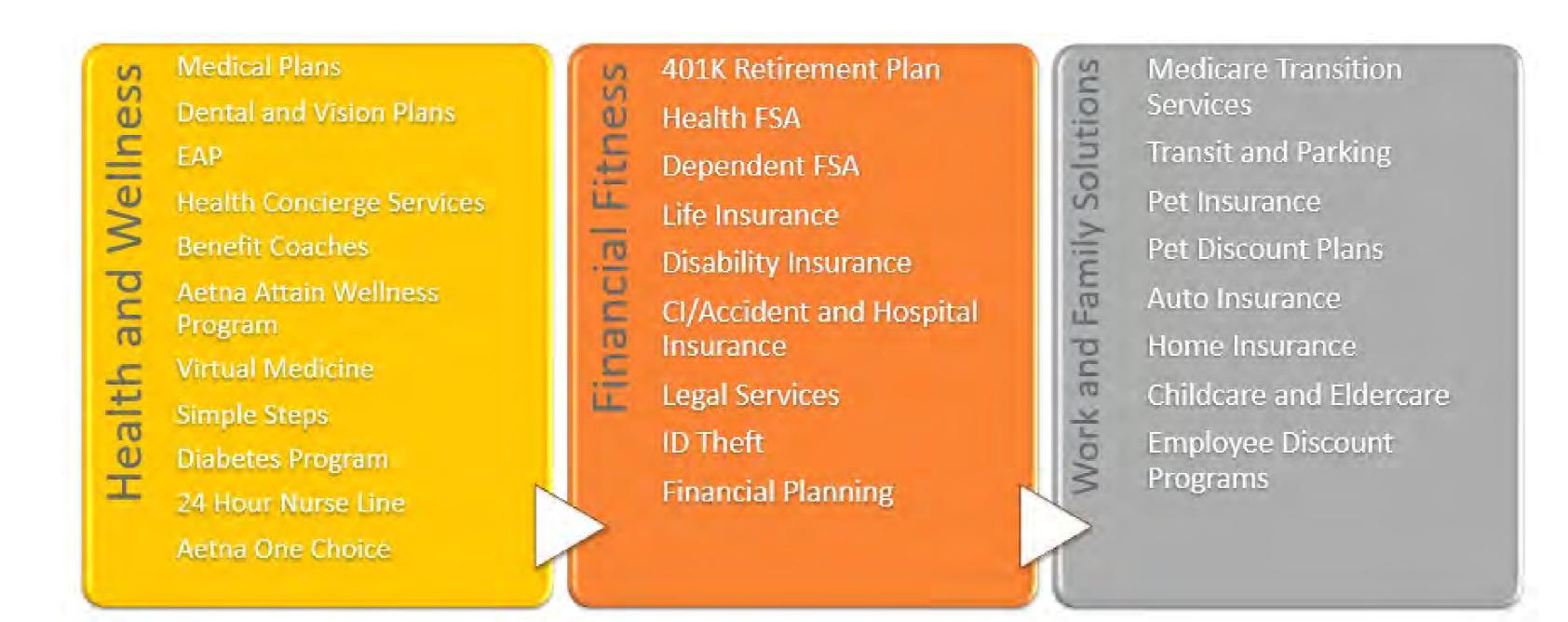






# **Engage Benefit Solution**

The Engage Benefit Solution is not just a benefit package; it's a journey towards employee wellness that works to boost workplace productivity and improve employee retention. *Our solution focuses on the areas that are key to an employee's peace of mind.* 





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## PAYFLEX® Flexible Spending Accounts (FSA) & Commuter Benefits

### **2023 Annual Limits**

General Health Care: \$3,050

Dependent Care: \$5,000

Limited FSA: \$3,050

Commuter: \$300 (\$/month)

Employees enrolled in 2022 MUST re-enroll online for 2023!

Annual minimum to participate in FSA Medical is \$100





### **Grace Period**

Employees have from 1/1 through 3/15 of 2023 to incur claims and submit by 3/31 to use their 2022 plan year dollars.



## PAYFLEX®

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# Health Savings Account (HSA)

## **Health Savings Account**

- 2023 Annual Limits:
  - Individual: \$3,850
  - Family \$7,750
  - Annual Catch-up Contribution for 55+ \$1,000
  - \*Employee must be enrolled in a High Deductible Health Plan (HDHP)

### Enrollment

• Employees enrolled in 2022 **MUST** re-enroll online for 2023!

Health Savings Accounts are portable – if member separates from the company, the HSA stays with the member.

Employer/Employee contributions must cap at the limits listed above per IRS guidelines.



55+ - \$1,000 h Deductible Health Plan (HDHP)





## Health and Wellness Resources

### **Turn to a Personal Benefit Coach**

### **Personal Benefit Coaches can:**

- Help you understand your plan options before you enroll
- Explain your share of the costs for each option
- Check networks to see if your doctors participate
- Review how medications are covered
- Check for options that cover specific issues like mental health confidentially





877-233-8205 answers@healthadvocate.com www.HealthAdvocate.com/Engage 8am-10pmEST Monday-Friday Schedule appointment using their online calendar **Bi-lingual services available** 



### HealthAdvocate<sup>\*</sup> Always at your side

# **Health and Wellness Resources**

#### EAP

#### **Employee Assistance Program**

Must be enrolled in Engage medical, dental, or vision

- Short-Term Personal & Family Counseling (up visits per incident)
- Expanded self-directed mental health service available\* (New for 2023)
- Elder Care Assistance and Referrals
- Child Care Assistance and Referral
- Personal Money Management Advice
- Legal Advice and Online Tools
- Discounts
- Available to employee, spouse, dependents, and parent-in-laws
- Available 24/7



#### Provided to Engage clients that offer **Engage Medical, Dental, or Vision** to their employees

• Answer questions abo specifics like deductibl	
specifics like deductibl	
Navigate your insurance	es, copays and coverage
	e plan
<ul> <li>Explain conditions, treated</li> </ul>	atments
Help you make inform	ed decisions
• Find the right doctors,	hospitals
Schedule tests, appoin	tments
, parents, • Secure second opinion	S
Untangle claims and co	orrect billing errors







- 24/7 doctor support via tablet, email, and mobile
- Can diagnose, treat and write short-term (non-DEA)
- prescriptions
- Talk to a doctor in minutes –phone or video\*
- Prescriptions sent to pharmacy of choice if medically
- necessary
- Less expensive than ER or Urgent Care
- Behavioral health provider wellness support for
- mental conditions
- Dermatology services for complex or ongoing
- Skin conditions

#### Teladoc is not available for Texas Health | Aetna Joint Venture and Arizona Banner | Aetna Joint Venture

\*Arkansas & Delaware require first visit (within the past 24 months) by video, choice for subsequent visits. Idaho is video only. Georgia has a 3-day Rx limitation. Behavioral Health is video only.



## Teladoc

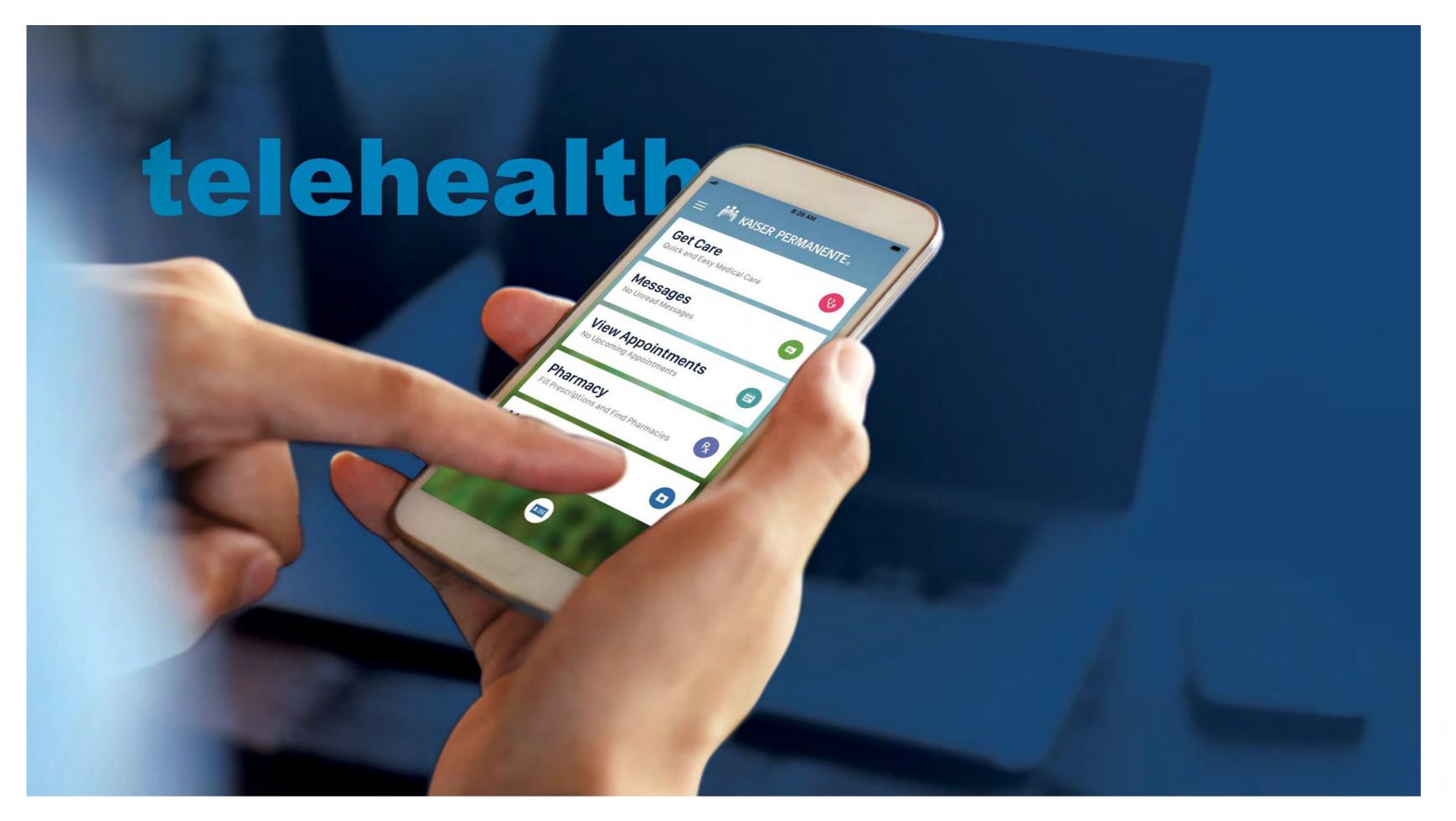






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## Kaiser - Telehealth



# aetna

# Attain by Aetna



The Attain by Aetna<sup>SM</sup> app is a first-of-its kind health experience that offers personalized goals,\* achievable actions and big rewards — like an Apple Watch<sup>®</sup> or gift cards from popular retailers.



#### **MORE THAN FITNESS**

Hitting 10K steps doesn't motivate everyone to get healthier. The Attain<sup>™</sup> app empowers and rewards you for getting heathier — in ways that work for you:

- Reminders to get a flu shot and schedule an annual physical
- Lab steerage to lower-cost, in-network facilities
- Tips for healthier snacking and better sleep
- Inspiration for increasing activity levels

#### SMART PERSONALIZATION

attain

by aetna

We combine activity from your Apple Watch and health history to serve up personalized app experiences.

#### **DESIGNED IN COLLABORATION WITH APPLE®**

We collaborated with a top technology partner who has a consumer-first mission just like us.

#### **CREATED WITH A TEAM OF DOCTORS**

We used their knowledge and expertise to build smart, clinically based, achievable goals.





### **HERE'S HOW IT WORKS**



#### ORDER AN APPLE WATCH OR USE YOUR OWN

Don't own an Apple Watch or want to upgrade to a new one? Order the Apple Watch Series 3, 38mm, GPS in Attain and earn it with points over 24 months. All you'll pay initially is a one-time activation fee of \$7 plus sales tax. Or upgrade to a different model for an additional up-front cost. You'll also be able to earn up to \$80 in gift cards.\*

Already own an Apple Watch? Start using it today with Attain and earn up to \$280 in gift cards over 24 months.

#### **CRUSH YOUR GOALS**

You must have an Apple Watch to participate so we can track progress toward your activity goals. These goals are based on your sex and weight. Using your Aetna® health history, we'll also deliver healthy actions personalized just for you. Complete healthy actions like getting a flu shot, visiting your doctor (or primary care physician) or refilling your prescription to earn even more points.

#### EARN REWARDS

Meet your weekly activity goals to earn enough points to cover all or part of your monthly Apple Watch payment. Or use your activity and healthy action points to earn gift cards from popular retailers.

#### Explore more at AttainByAetna.com

You must be an Aetna commercial member. | You need to be at least 18. | You need an iPhone<sup>®</sup>.

\*Goals and suggested health actions should not replace your doctor's advice. If you have a medical condition that prevents you from meeting your goals, or if your doctor advises you not to take part in physical activity, there may be an opportunity for you to earn the same reward in a different way. Call 1-866-820-3731 (TTY: 711) to find out your options.

\*\*Alternative rewards are available depending on user enrollment date. \*\*\*Terms and Conditions: https://aet.na/2lyZvfc Privacy Policy: https://aet.na/2GqxsuN

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Apple Watch Series 5 and Apple Watch Series 3 require an iPhone 6s or later with iOS 13 or later.

Apple<sup>®</sup>, the Apple logo, Apple Watch and iPhone are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc.

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#### **AVAILABLE NOW**

Download the app by texting **"ATTAINAPP"** to **37046** for a link to download.

(Message and data rates may apply.\*\*\*)







At MinuteClinic<sup>®</sup> at select CVS Pharmacy<sup>®</sup> and Target<sup>®</sup> locations, you can work one on one with a provider to create a personalized health plan and get the support you need for better health.

### Minute Clinic

- Walk-in clinic inside select CVS Pharmacy and Target Stores (over 1100 locations in 35 states and DC)
- Open every day, including evenings
- Walk-in and scheduled appointment options
- Treat a variety of illnesses, injuries, conditions, in addition to being able to write Rx

### Services Include:

- Common illnesses such as allergy symptoms, earaches & infections, flu-like symptoms
- Minor injuries like bug bites & stings, minor burns and tick bites
- Skin conditions like Shingles or sunburn
- Physicals Camp physicals, College physicals, etc.
- Wellness
- Chronic condition care
- Injections
- Vaccinations



## **Minute Clinic**

\*No cost/low-cost access not available for NY situs or TX HMO/HNO plans





## **Medicare Transition Services**

- This service is for individuals that are nearing the age of 65 and becoming Medicare eligible
- Get the Medicare guidance you and your family needs in one place whether you plan to keep working or not
- You will have access to easy-to-understand videos and guides about Medicare
- Personal guidance from a licensed agent to help at every step of the way including reviewing plans and selections
- Call 1-833-343-1132 or visit online at MedicareTransitionServices.com/Engage-PEO
- Open to all employees and family members that are seeking guidance surrounding Medicare





### Go to: www.EngagePEO.com



#### Engage goes beyond



Benefits Engage provides a full suite of benefits and benefits administration services to our clients.



Compliance It has never been harder to be an employer than it is today, given the complex and dynamic legislative and regulatory environment.

Read more



**HR** Services Engage's human resource delivery team is unique in the PEO industry, matching the people-skills of HR professionals with the technical and strategic savvy of legal professionals

Read more



Payroll Using today's top technology and strict process disciplines, Engage provides payroll processing and tax administration services to its clients.

Read more



Workers' Comp Engage provides a full suite of services to improve our client's risk experience, leveraging our wellestablished partnerships wi this sector.

#### News and Insights

**Engage PEO Named Among the** Fastest-Growing Private Companies in the U.S. for the Fourth Consecutive Year

Top compliance issues New York employers should know about

Engage PEO Appoints Farrah Fielder as Executive Vice President

Employee Relations: Handling **Romances Between Co-workers** 

See All The Latest News



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### Go to: www.EngagePEO.com

ENGAGE	Username
EXPECT MORE	Password
Username	2
Password	IMPORTANT: Please turn off pop-up blockers. You will not be able to navigate to other secure links on our site unless pop-ups are
IMPORTANT: Please turn off pop-up blockers. You will not be able to navigate to other secure links on our site unless pop-ups are allowed.	allowed,
Log In Register	Log In Register
orgot Username? Forgot Password?	Forgot Username? Forgot Password?
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Users who have not set up their portal will need to click Register and follow the steps to set up their account

Users can recover their Username and reset their Password using the links provided



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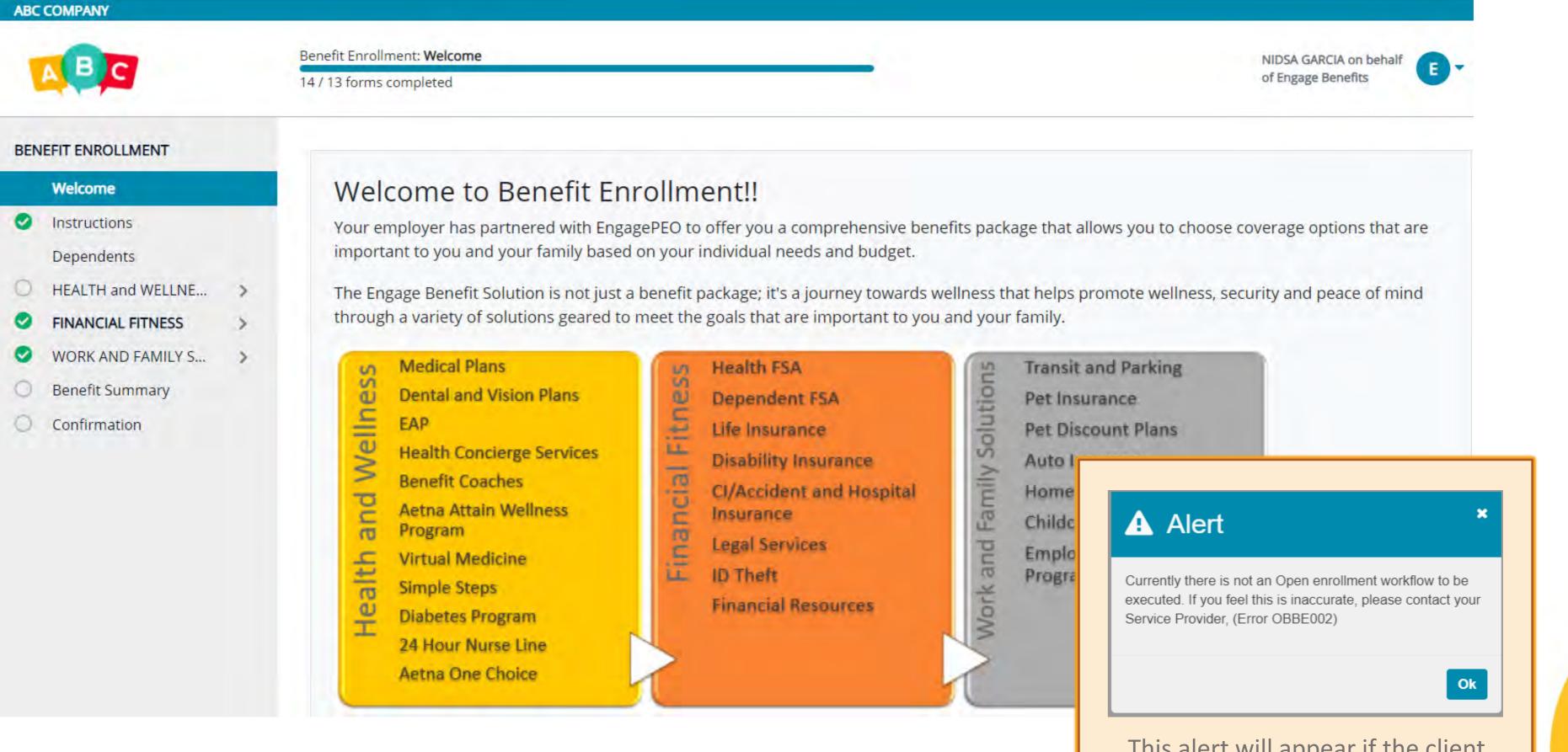
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	EXAMINE EAR DRIVENTS CONTRACT	New Messages	Benefits	Benefits Enrollment Confirmations
	Pay >	11/28/2018 URGENT, YOUR BEKERT OPEN ENROULMENT WINDOW IS ENDING!	METLIFE BALIFE 1X ABE UP TO 50 75000.00 Effective 12/01/2018	
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### **Employee Benefit Enrollment – Welcome Page** (new look)





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This alert will appear if the client enrollment window is not open



## Aetna Microsite

### www.aetnaresource.com/n/EngagePEO

### **♥aetna**

### **Perfect Balance**

Health care for the whole you



#### Health care for the whole you

Imagine your road to your very best health. Without the speed bumps, roadblocks and detours. With a support system that's always nearby — right in your neighborhood or a click or call away.



aetna®

ID Card PayFlex® HSA/FSA Health care 101







Additional Information Teladoc 24-hour nurse line

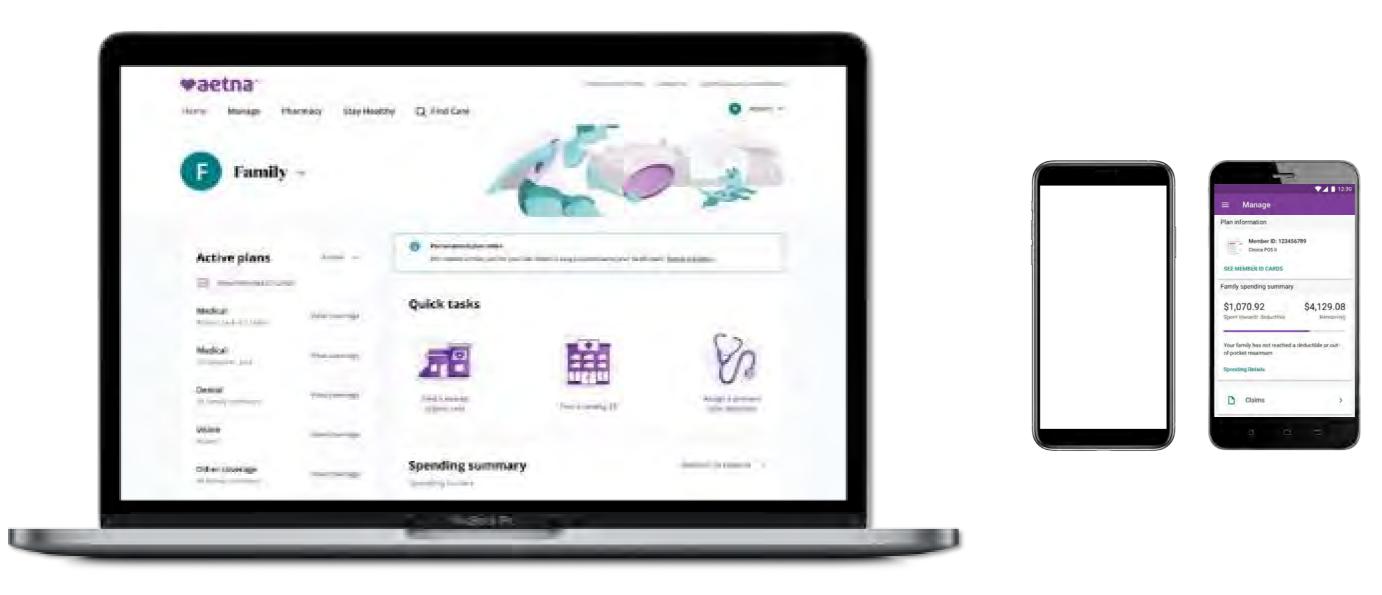




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# Aetna Member Website & Aetna Health App

### www.aetna.com



### **Enables Members to:**

#### Get a quick view

A streamlined interface to more easily view and manage benefits

#### **Connect to care**

Tools and information to find, compare and choose care



#### Gain fast access

To ID card, coverage and quick tasks

#### Manage plan

See account balances, track progress towards deductible, view and manage recent claims





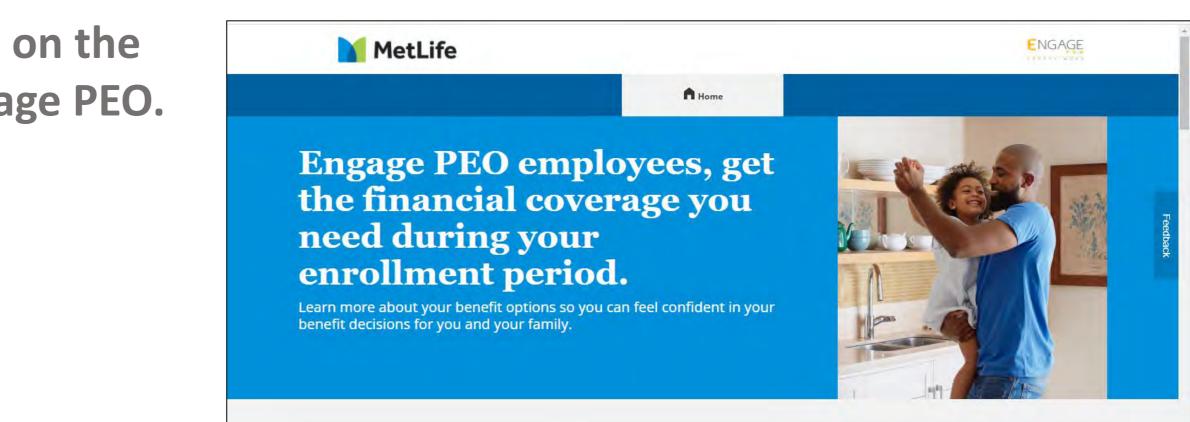
## MetLife Microsite

www.metlife.com/engage-peo/

# Comprehensive website containing information on the MetLife benefits that are available through Engage PEO.

- Life
- Dental
- Vision
- Disability
- Accident, Critical Illness & Hospital
- Pet
- Auto & Home





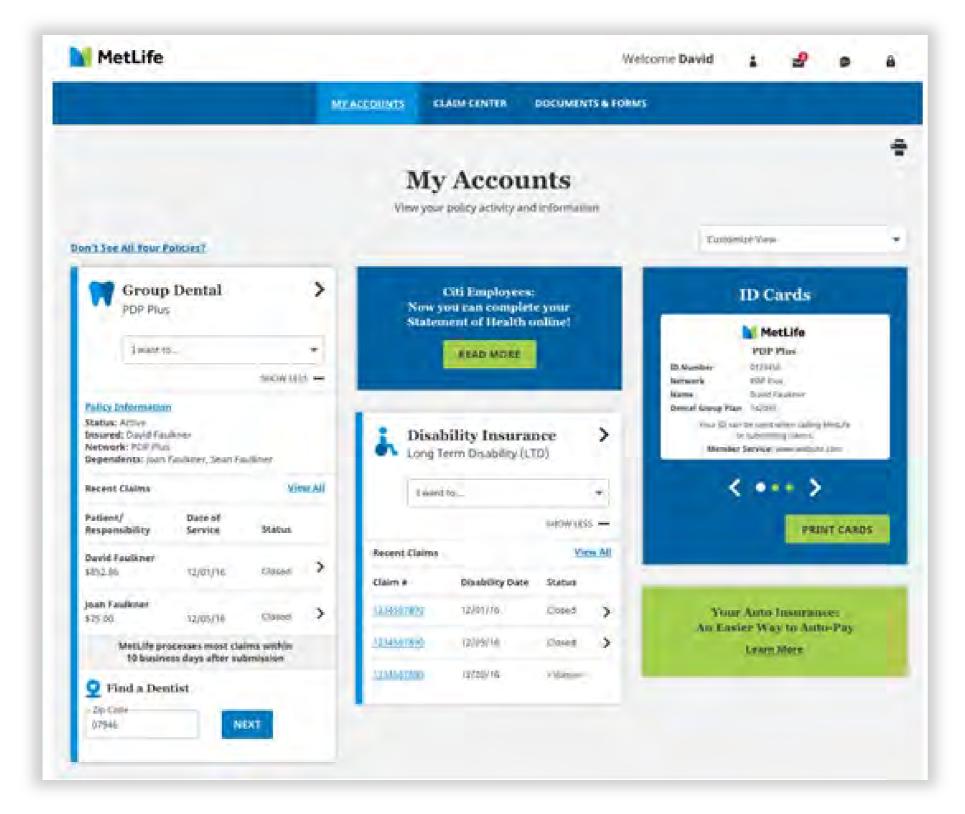




# MetLife Website

### www.metlife.com/mybenefits

### www.metlife.com/mybenefits





#### With MyBenefits you can...

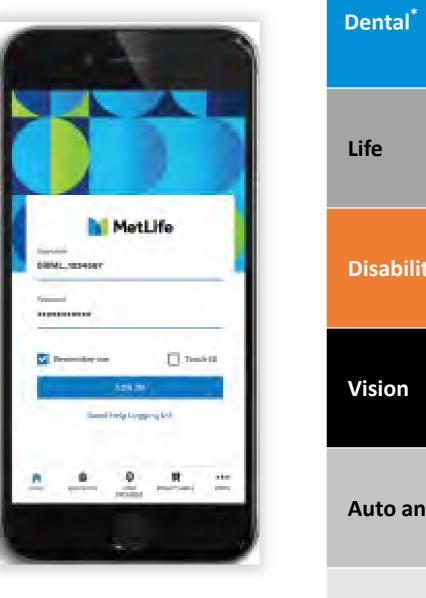
- View enrollment status
- Check recent claims and status
- Print ID cards
- Find essential forms
- Update profile information
- Access educational tools





# MetLife Mobile App

### **It's easy.** Download "MetLife US" in the App Store or Google Play. Log in with your MyBenefits information to access these features.<sup>\*</sup>



Dental <sup>*</sup>	
Life	
Disability	
Vision	
Auto and Home	

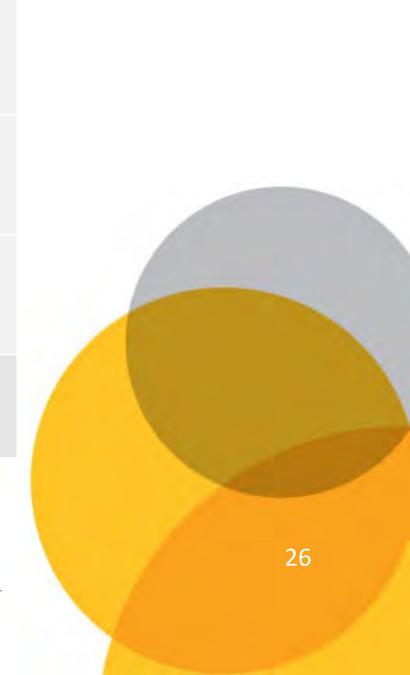
\*To use the MetLife mobile app, employees can choose to register at metlife.com/mybenefits from a computer or directly through the app.



Find a dentist and get estimates on most procedures
View your claims
Access and print your electronic ID card Please note: ID cards are not required to obtain dental services.]
Without needing to log in, you can get an instant term life quote by entering a few basic details
View your policy details]
View and update your claim information
Send messages and attachments to MetLife
Setup Direct Deposit for benefit payments
Find a Vision plan provider
Find a discount Vision plan provider

- Access your electronic ID card
- Pay bills, check your policy status and view coverage information
- File a claim and load accident scene details including photos/video and location of damage with interactive vehicle icon]

ew your policy details for Accident Insurance, Critical Illness Insurance, and Hospital Insurance.





## **Kaiser Permanente Website**

- ✓ Lab results
- ✓ Email your doctor
- ✓ Prescriptions
- Appointments
- ✓ Payments

#### Stay connected anytime, anywhere

Managing your health online has never been more convenient. Whether you're at home or on the go, kp.org and the Kaiser Permanente app give you a simple, secure way to keep up with your care.

- View most lab results
- Email your Kaiser Permanente care team with nonurgent questions

#### **Create your online account**

Get started with our new and improved features at kp.org/register or download the Kaiser Permanente mobile app. Be sure to have your health/medical record number handy.



These features are available when you get care at Kaiser Permanente facilities. Apple and the Apple logo are trademarks of Apple, Inc., registered in the U.S. and other countries. App Store is a service mark of Apple, Inc. Google Play and the Google Play logo are trademarks of Google LLC. <variable regional address>

Please recycle. 327303396 March 2019



### All online, easier than ever

- Refill most prescriptions
- Schedule most appointments
  - Pay bills and estimate costs





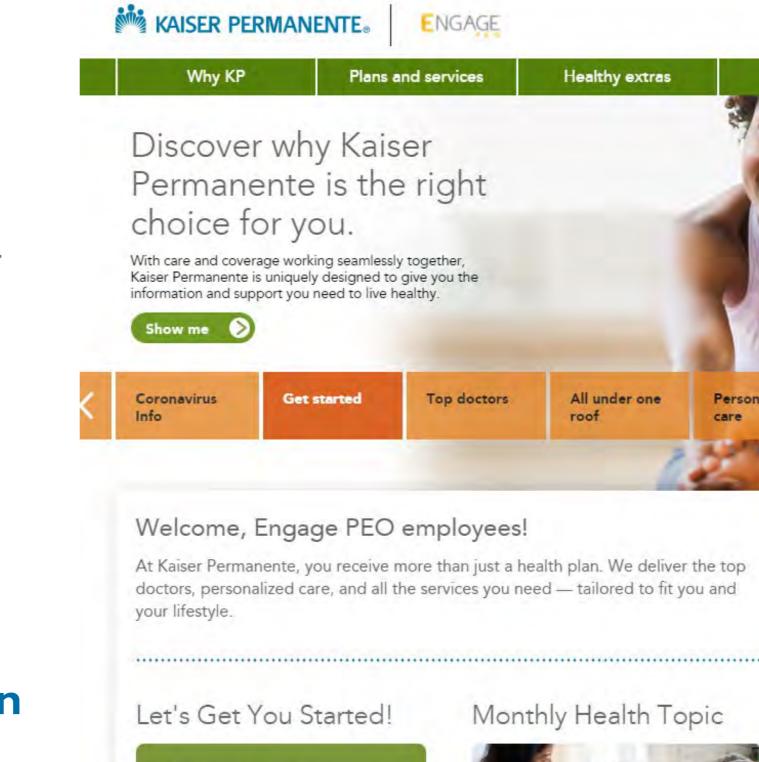


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# **Kaiser Permanente Microsite**

## My.kp.org/engagepeo

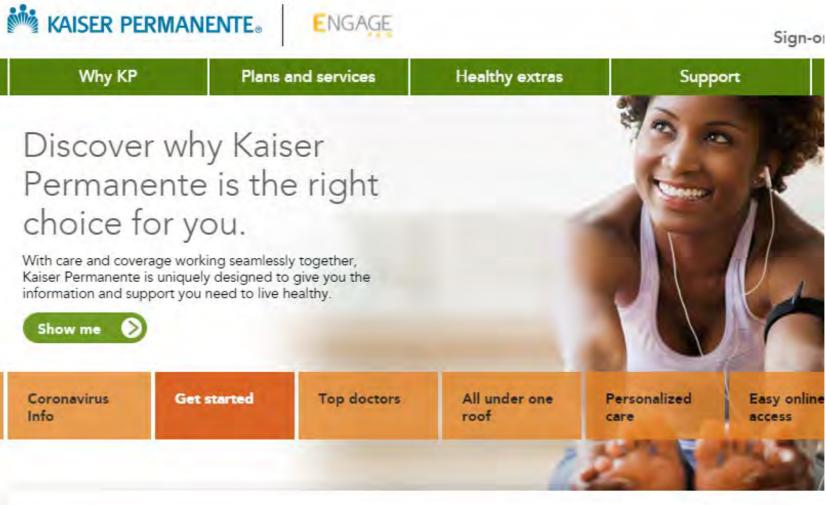


### Visit microsite to:

- Learn why Kaiser Permanente is the choice for you
- Locate plans, services and plan documents
- Find locations and facilities where members can receive care
- Get support and how to access care
- Register and sign-on to kp.org

### Get more than just a health plan

Choose a complete system of care



#### Welcome, Engage PEO employees!

At Kaiser Permanente, you receive more than just a health plan. We deliver the top doctors, personalized care, and all the services you need - tailored to fit you and



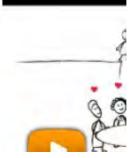
Get support

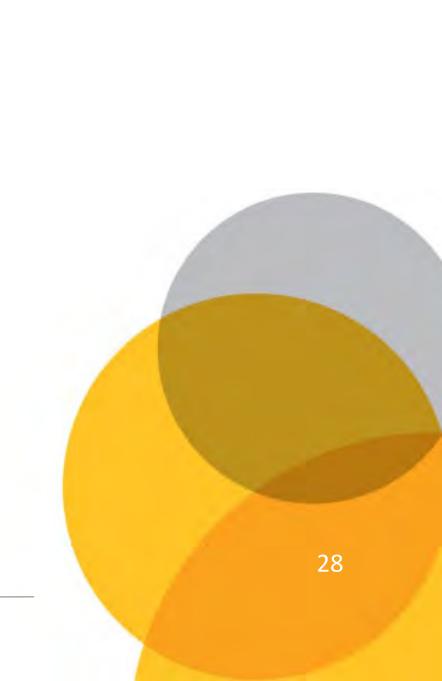
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Let's Get You Started!

view your plan options







# Have Questions? Get in Touch



### Get Answers to Your Benefits Questions

Monday-Friday 8am-8pmEST

**Bi-lingual Assistance Available** 



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Contact The Engage Benefits Team 1-888-780-8807 benefits@engagepeo.com

